

Infinite Way Circle of Christhood

- ◆ Welcome-Resource List
- ◆ Circle of Christhood
- ◆ Guestbook
- ◆ Guest Questions
- ◆ What's New
- ◆ 2007 LA Tape Group
- ◆ 2007 Tape Study
- ◆ A New Look At Myself
- ◆ A Reminder-Consciousness
- ◆ Above Karmic Law
- ◆ Absolute: From Tape 222
- ◆ Absolute: Not Enough
- ◆ Absolute Teaching:Not IW
- ◆ Access To Infinity
- ◆ Acropolis Lawsuit
- ◆ Anecdotes
- ◆ APRIL '64 Monthly Letter
- ◆ Are We Equals in Consciousne
- ◆ Attain That Mind
- ◆ Attainment
- ◆ Background Information
- ◆ Baptism Holy Communion
- ◆ The Battle Is Not Yours
- ◆ Begin The Day With God
- ◆ Beginning an IW Ministry
- ◆ Beginning Our Study - Tiling
- ◆ Biographical Information
- ◆ Birthday
- ◆ The Body
- ◆ Brain Science and Joel
- ◆ Business: Employee Expectati
- ◆ Business: Sales
- ◆ Business: Service
- ◆ Business: Spiritual Prin
- ◆ Business Meditations
- ◆ Chat: Discussion and Debate
- ◆ Children
- ◆ Children of a Spiritual
- ◆ Children:Hawaiian Tapes

The Insanity of Health

From Tape 82, Side 1
1954 Honolulu Practitioner Class

Joel Goldsmith

"And any of you who are familiar with Mrs. Eddy's writings ought to get familiar with this statement of hers: "Someday, we will have to outgrow, overcome the insanity of health." Never forget that - the insanity of health. You see, as long as we think we are healthy in the body, healthy because the heart beats so much and the pulse beats so much and the blood flows so much. As long as we have that kind of health, we are in that insanity of humanhood, because a little germ or a little bullet or a little bomb can upset the whole applecart.

"And so you see this little thing within us that has to let us go because we're so sure... Have you ever said it to a practitioner, or those of you who are practitioners, have you ever had somebody come to you and say, "I don't understand this, I've been so healthy all my life. Why does this come now?" They weren't healthy at all. They were enjoying the insanity of health. They had a good physical heart or a good physical digestion or good physical elimination, not knowing that in the course of every human experience there will come that three score years and ten and just snip it away, or three score years and twenty, sometimes less. Unless we make the transition from that physical sense of health to where we understand that, "I live, yet not I, Christ liveth my life". Then do we come into immortality realized right here on earth. Then we come to a place where never can we die. Never. Death becomes an utter impossibility. Oh, we can pass on, we can walk right out of this life. The Master said that, "I can lay down my life, I can pick it up." And we can, we can, we can, at any time we can walk out, and sometimes if we won't walk out voluntarily we'll get

- ◆ Children: Imagination
- ◆ Children:Letter to Sam
- ◆ Children: Letting Go
- ◆ Children: Live the IW
- ◆ Children: Love
- ◆ Children: Naskapi Indian
- ◆ Children: Obedience
- ◆ Children: Parents
- ◆ Children:Parent Consciousnes
- ◆ Children: Peace
- ◆ Children: Reading list
- ◆ Children: Truth
- ◆ Children: Who Am I?
- ◆ The Christ, The Presence in
- ◆ Christian History
- ◆ Christian Science:Joel's His
- ◆ Class/Practitioner Listing
- ◆ Class Preparation
- ◆ The Collected Essays
- ◆ Common Mistake
- ◆ Consciousness,Spiritual
- ◆ Cosmic Consciousness
- ◆ Current Lesson 1/21/07
- ◆ Daily Drill
- ◆ Daily Quote
- ◆ Darwin
- ◆ Death
- ◆ The Deep Things of God
- ◆ Disciples and Apostles
- ◆ The Disobedient
- ◆ Doctors, Nurses
- ◆ Do You Need a Doctor?
- ◆ Dominion Tapes
- ◆ The Dream
- ◆ Editing
- ◆ Editing: Sinkler Horizons
- ◆ Editing: Student Comment
- ◆ Emma's Tape List
- ◆ Error
- ◆ Error:Activity of Error
- ◆ Every Infinite Way Student
- ◆ Facing a Problem
- ◆ Family and Friends
- ◆ First Letters
- ◆ Food
- ◆ Foundation of Mysticism
- ◆ Freedom
- ◆ Fresh Manna
- ◆ Georgina Letter: CS
- ◆ Georgina Letter: Error
- ◆ Georgina Letter: Fear
- ◆ Georgina Letter: Lazarus
- ◆ Georgina

pushed out. Because the time of expansion and growth comes for everyone when it is necessary to evolve out of our present state of consciousness."

From Tape 116 Side 1

1955 Kailua Series

"Activity of Truth in Consciousness"

I know this, too: that we cannot go on forever enjoying good health, the world's concept of good health. One day we must make a transition into the Christ idea, the spiritual idea of health.

What is health spiritually discerned? What is the spiritual realization of health? What happens in our lives and bodies when we are no longer physically healthy but spiritually whole? Do you see that? That has to take place as an activity of transition within your own consciousness. You must day by day grow out of the habit of believing in good health. That was one of the very powerful statements in one of Mrs. Eddy's writings—I'm not surprised if it's *Science and Health*, in which she said, "We must overcome the insanity of health." The insanity of health. Yes. The insane belief that a heart that beats so much, and a digestive system that does such things, and a blood system that does this, that that constitutes health. How can it constitute health when we all have it and the next day are dead? Or next month or next year or whatever. No, that isn't health. That is a physical sense of health, always subject to change, always subject to destruction. Sometimes good, sometimes bad, changing always and if for no other reason than just to move into the calendar. If nothing else will do it to us, that will. Do you see that?

Now, if we are to die daily, we must die to the belief of health, just as we must die to the belief of disease, because in our spiritual demonstration, there is no disease and there is no health. Why is this true? Because we have nothing of our own. We can't have a disease, and we can't have a health because if we did, we'd have something of our own, since God has neither health nor disease. God is a Spirit, and all that we can possibly have is the spirit of God. Do you follow that? Don't forget that this is just a tiny capsule full of atomic bombs.

We can only have health so long as we believe that we have something of our own— a life of our own, a body of our own, a selfhood of our own, that we're even under laws of our own. But you see, we will overcome health the minute we realize there is no selfhood apart from God. We will even overcome wealth, and we will demonstrate an infinity of abundance, not ours, God's abundance. Do you see this point? The only thing that you can possess is what God possesses,

- Letter:Malpractice
- ◆ Georgina Letter:The New Hori
- ◆ Georgina Letter: Personal Se
- ◆ Georgina Letter: Soul Expres
- ◆ Georgina Letter: Spirit
- ◆ Georgina Letter: Spiritual Se
- ◆ Georgina Letter : Truth
- ◆ Georgina Letter:Ye Ask Amiss
- ◆ God Contact
- ◆ God Contact:Judge Fruitage
- ◆ God Is - I AM - Live Now
- ◆ Grace
- ◆ Gratitude and Fees
- ◆ The Great Mystery
- ◆ Guided Meditation
- ◆ Harmony
- ◆ '59 Hawaiian Healing Tapes
- ◆ Hawaiian Healing Outline
- ◆ Health, Error of
- ◆ Health, Insanity of
- ◆ Health: Above Thought
- ◆ Health: Mrs. Eddy
- ◆ The Home
- ◆ Horizons in Consciousnes
- ◆ Humor
- ◆ I - That is All
- ◆ Infinite Way: Purpose
- ◆ Inner Kingdom
- ◆ IW History
- ◆ Infinite Way Europe
- ◆ Infinite Way - French
- ◆ Infinite Way - German
- ◆ Infinite Way - Portuguese
- ◆ Infinite Way - Translation
- ◆ Infinite Way Study Cente
- ◆ Jasha Salter
- ◆ Joel: Reading Newspapers
- ◆ Joel's Education
- ◆ Joel's Eternally With Us
- ◆ Joel's Library (Partial)
- ◆ Joel's Personal Letters
- ◆ Joel on Psychiatry
- ◆ Joel's Spiritual Orders
- ◆ Joel's Transition
- ◆ Joel's Will
- ◆ Lao Tzu: Losing the Way
- ◆ Life of the Soul
- ◆ The Light of Truth
- ◆ Love

because we can possess nothing of ourselves. "Son, thou art ever with me, and all that **I have** is thine." Therefore, as long as we insist on having health of our own, wealth of our own, it will be up and down, rich and poor, good and bad, live and dead. It is only when we make that transition to the realization that God selfhood is the only selfhood. And it is neither rich nor poor, neither sick nor well, neither young nor old and neither live nor dead. It's just a state of immortality, of eternal being, unchanging, **unchanging**, and yet infinite in its forms and appearances. Just as a garden represents nature in expression, the one nature. And yet it expresses itself as everything from coconut trees to orchids.

Wisdoms of the Infinite Way

Health of the body or no health, what does it matter? *Health must be known of God!*

From the book – The Infinite Way
Joel S. Goldsmith